

McGregor & Associates, Inc.

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The IRS announced that over-the-counter medicines can now be paid with pre-tax dollars in Health Flexible Spending Accounts effective immediately!

ELIGIBLE OVER-THE-COUNTER EXPENSES

- ✓ Allergy Medicines
- ✓ Antihistamines
- ✓ Antacids
- ✓ Anti-Diarrhea Medications
- ✓ Aspirin
- ✓ Cold Medicines
- ✓ Contact Lens Solution and Supplies
- ✓ Contraceptives
- ✓ Cough Drops
- ✓ Crutches
- ✓ Dentures and Denture Adhesives
- ✓ First Aid Cream (Bactine, diaper rash ointments, calamine lotion, wart removers)
- ✓ Hemorrhoid Medications
- ✓ Lactose Intolerant Medicines
- ✓ Laxatives
- ✓ Menstrual Pain Relievers
- ✓ Motion Sickness Medicines
- ✓ Muscle/Joint Pain Relievers
- ✓ Nasal Sinus Sprays
- ✓ Nicotine Gum/Patches
- ✓ Pain Relievers
- ✓ Pregnancy Tests/Kits
- ✓ Pre-Natal Vitamins
- ✓ Reading Glasses
- ✓ Rubbing Alcohol
- ✓ Sinus Medicines
- ✓ Sleep Deprivation Medicines (if the person is under the care of a doctor)
- ✓ Special Foods (cost difference)
- ✓ Smoking Cessation Products
- ✓ Throat Lozenges
- ✓ Visine
- ✓ Vitamins Prescribed or Recommended by a Physician to Treat a Specific Condition
- ✓ Wound Care Products
- ✓ Weight-Loss Program and/or Drugs Prescribed by a Physician to Treat an Existing Disease

Participants must supply a detailed receipt that reflects the complete name of the item or a description of the item. Over-the-counter expenses must be incurred during the current plan year to be eligible for reimbursement. You may refer any further questions regarding allowable and non-allowable charges to McGregor & Associates, Inc.